



NATIONAL YOUTH SPORTS-SAN ANTONIO

INDOOR COACH'S GUIDE

Need help? Please don't hesitate to ask us:
Email: txsaco@nysonline.net
Call: 210-348-8862

Follow us on Social Media for the latest updates, pictures, and more!! Don't miss out!



NYSSanAntonio



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www.nysonline.org

AT THE PARENT MEETING

- **Take attendance using the roster.** Check to see which parents could not attend the meeting, so you know (or the team parent knows) who to reach out to by the Tuesday following the meeting!
- **Have parents check that the phone numbers/emails are correct** on the roster list. Make changes as necessary and also let us know if any changes need to be made.
- **Use the Team Information Sheet as a guide for discussion points** with the parents: volunteers for assistant coach(es), team parent(s), practice days, times, elementary school gyms convenient for the parents, etc.
- **Fill out the Team Information Sheet with as much information as possible** and give this to an NYS staff member before leaving, even if it is not completely filled out. You can always send us an email if there are changes after.
- **Jersey Order Form:** Begin filling out the Jersey order form with the parents in attendance. Players can try on jersey sizes at the back of the meeting. The form does not need to be turned in to us at the meeting. It can be scanned and emailed to us once you have all players on the roster filled in. Due March 13th! Email: txsaco@nysonline.net
- **Set up how the team will communicate** before leaving the meeting: Group text message, email, specific apps, etc.

AFTER THE PARENT MEETING

- **Be sure to contact any parent of a child on the roster that was not in attendance by the Tuesday following the meeting.** (This can also be the team parent making contact.)
- **Gym Contracts for Practices:** We use the Team Information Sheet to help place your team into a gym as close as possible to the locations your team desired to practice. Once the contract for the gym is decided, please bring the one time CASH only fee (for the whole season) to the NYS office. This contract must be signed and kept with you at practices in case the custodians/school staff ask to see it. For NISD gyms the fee is \$50.00; for NEISD gyms: Volleyball- \$20.00; Basketball-\$20.00 for half court. **Contracts must be signed and picked up at the office for practices to begin!** Teams can practice right away in the gym/time slot once the contract is picked up and signed.
- **Once every team has one practice slot, the remaining will be offered for a second practice.** An email will be sent to all coaches and it will be first come, first serve on a TBD date.
- **Jersey Order Form:** This form can be scanned and emailed to us or brought into the office once you have all players on the roster filled in. Returning teams can get their current jersey color. Please list four choices for color preferences. Due March 13th! Email: txsaco@nysonline.net
- **Roster Updates will be EMAILED to you!** Please add txsaco@nysonline.net to your contacts to ensure you receive our emails! You are our main point of contact for the parents of your team. Please assist us in dispersing information!

AFTER THE PARENT MEETING CONTINUED...

- **Equipment Pick-Up:** Volleyball: \$25.00 nets are available for pick-up at the NYS Office if needed. The deposit for equipment is given back in full with the return of the equipment at the end of the season. Equipment Pick-Up Day is March 20th.
- **Jersey Pick-Up:** One team representative will pick up all the jerseys for the players on the team. If any players got names on the back of the jersey, CASH only payment is due when jerseys are picked up. Picture and trophy informational packet will be picked up at this time with the jerseys. Pick-Up Day is April 1st-3rd.
- **Take the Concussion Course!** A link to the concussion course will be on our website. The certificate is good for two years and does not take a lot of time! At least one representative from the team (usually a coach) must take this course. Please email us the certificate to put in your file!
- **Game Schedules:** Game schedules for the whole season will be online after 5pm on the Wednesday before the first game. Any updates/revisions will be put in red and coaches are emailed if there is a change.
- **Picture Night:** Picture Night will be held halfway in the season; see your informational packet for your team's slot. Please let us know if there is a schedule conflict! We are flexible, but would like notice in advance. All picture orders are parent choice and optional to buy. Coaches get a FREE coach's shot with their child!
- **Trophy Orders:** Trophy orders will be completed online by the parent. A link on our website will be available to help in ordering trophies. Buying a trophy is a parent choice and optional. Pick-Up Day for Pictures and Trophies is on May 27-29; one team representative can come by to pick up for the whole team.

AT THE FIRST PRACTICE

- **Discuss with the players and parents about sportsmanship and showing great character** in the gym. Coaches will be sent a Parent Code of Conduct and a Coach Code of Conduct to be signed and returned or scanned in to us. There is also a Player's Code of Conduct if coaches would like their players to also sign one (not required)!
- **Be sure all players feel included!** We want every player to feel like they are being encouraged and praised on the court! We want to build our children up in their confidence and self-esteem. Players can be at all skill levels, so remember to be patient and ask that they give their best in practices and games! You are their role model and leader.

LET US HELP YOU!

- **Remember to always let us know if we can help** with any issue you may have as it comes up. We are here to help! We want the players to be happy and focus on having fun and learning skills, and we want the parents and coaches to enjoy watching their children play.
- **Our website** www.nysonline.org has a lot of great information: Go to the Coach's Corner for more information; see game schedules, game standings, and so much more!
- **Follow us** on Facebook, Instagram, and Twitter for updates, reminders, and pictures!

**THANK YOU FOR YOUR SELFLESS DEDICATION TO COACHING.
WE CAN'T DO THIS WITHOUT YOU!**